# Day 13 (3/17 Monday)

Read and meditate on the list of sacrifices Jesus bore for you: Isaiah 53:1-12

1 Who has believed our message and to whom has the arm of the Lord been revealed? 2 He grew up before him like a tender shoot, and like a root out of dry ground. He had no beauty or majesty to attract us to him, nothing in his appearance that we should desire him. 3 He was despised and rejected by mankind, a man of suffering, and familiar with pain. Like one from whom people hide their faces he was despised, and we held him in low esteem. 4 Surely he took up our pain and bore our suffering, yet we considered him punished by God, stricken by him, and afflicted.

5 But he was pierced for our transgressions, he was crushed for our iniquities the punishment that brought us peace was on him, and by his wounds we are healed.

6 We all, like sheep, have gone astray, each of us has turned to our own way; and the Lord has laid on him the iniquity of us all.

7 He was oppressed and afflicted, yet he did not open his mouth; he was led like a lamb to the slaughter, and as a sheep before its shearers is silent, so he did not open his mouth. 8 By oppression and judgment he was taken away. Yet who of his generation protested? For he was cut off from the land of the living; for the transgression of my people he was punished.

9 He was assigned a grave with the wicked, and with the rich in his death, though he had done no violence, nor was any deceit in his mouth.

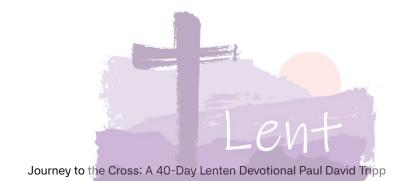
10 Yet it was the Lord's will to crush him and cause him to suffer, and though the Lord makes his life an offering for sin, he will see his offspring and prolong his days, and the will of the Lord will prosper in his hand.

11 After he has suffered, he will see the light of life and be satisfied; by his knowledge my righteous servant will justify many, and he will bear their iniquities.

12 Therefore I will give him a portion among the great, and he will divide the spoils with the strong, because he poured out his life unto death, and was numbered with the transgressors. For he bore the sin of many, and made intercession for the transgressors.

Write out Isaiah 53:1-12.





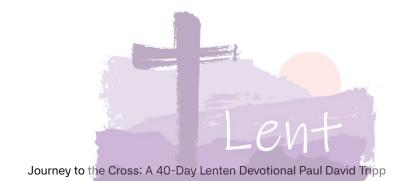
# **Day 14 (3/18 Tuesday)**

Read **Psalm 139**, where we learn about God searching our hearts and knowing us even when we are misjudged by others. Ask God to search your heart, and confess any sin he reveals to you.

- 1 You have searched me, Lord, and you know me.
- 2 You know when I sit and when I rise; you perceive my thoughts from afar.
- 3 You discern my going out and my lying down; you are familiar with all my ways.
- 4 Before a word is on my tongue you, Lord, know it completely.
- 5 You hem me in behind and before, and you lay your hand upon me.
- 6 Such knowledge is too wonderful for me, too lofty for me to attain.
- 7 Where can I go from your Spirit? Where can I flee from your presence?
- 8 If I go up to the heavens, you are there; if I make my bed in the depths, you are there.
- 9 If I rise on the wings of the dawn, if I settle on the far side of the sea,
- 10 even there your hand will guide me, your right hand will hold me fast.
- 11 If I say, "Surely the darkness will hide me and the light become night around me,"
- 12 even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you.
- 13 For you created my inmost being; you knit me together in my mother's womb.
- 14 I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.
- 15 My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth.
- 16 Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.
- 17 How precious to me are your thoughts, [a] God! How vast is the sum of them!

- 18 Were I to count them, they would outnumber the grains of sand—when I awake, I am still with you.
- 19 If only you, God, would slay the wicked! Away from me, you who are bloodthirsty! 20 They speak of you with evil intent; your adversaries misuse your name.
- 21 Do I not hate those who hate you, Lord, and abhor those who are in rebellion against you? 22 I have nothing but hatred for them; I count them my enemies.
- 23 Search me, God, and know my heart; test me and know my anxious thoughts. 24 See if there is any offensive way in me, and lead me in the way everlasting.

Write out Psalm 139.



# Day 15 (3/19 Wednesday)

Read **Ephesians 6:10-18**, and resolve to fight the spiritual battle for your heart with the weapons God has provided

10 Finally, be strong in the Lord and in his mighty power.

11 Put on the full armor of God, so that you can take your stand against the devil's schemes.
12 For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

13 Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

14 Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, 15 and with your feet fitted with the readiness that comes from the gospel of peace.

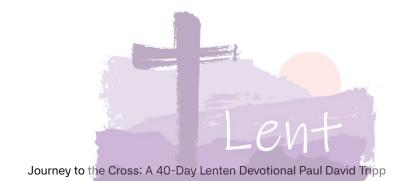
16 In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one.

17 Take the helmet of salvation and the sword of the Spirit, which is the word of God.

18 And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

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Write out **Ephesians 6:10-18**.



# **Day 16 (3/20 Thursday)**

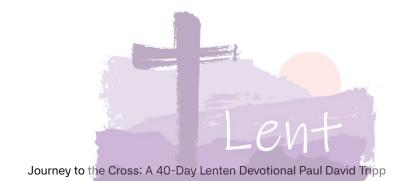
Set a timer and spend 15 minutes in honest confession, using **Romans 3:10-18** as a guide.

- 10 As it is written: "There is no one righteous, not even one;
- 11 there is no one who understands; there is no one who seeks God.
- 12 All have turned away, they have together become worthless; there is no one who does good, not even one."
- 13 "Their throats are open graves; their tongues practice deceit." "The poison of vipers is on their lips."
- 14 "Their mouths are full of cursing and bitterness."
- 15 "Their feet are swift to shed blood;
- 16 ruin and misery mark their ways,
- 17 and the way of peace they do not know."

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18 "There is no fear of God before their eyes."

Write out Romans 3:10-18



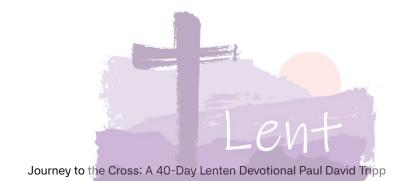
# Day 17 (3/21 Friday)

Read Matthew 6:19-34 and 13:44-46, and meditate on where you are setting your heart.

- 19 "Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal.
- 20 But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal.
- 21 For where your treasure is, there your heart will be also.
- 22 "The eye is the lamp of the body. If your eyes are healthy, your whole body will be full of light.
- 23 But if your eyes are unhealthy, your whole body will be full of darkness. If then the light within you is darkness, how great is that darkness!
- 24 "No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and money.
  25 "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more.
- your body, what you will wear. Is not life more than food, and the body more than clothes? 26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?
- 27 Can any one of you by worrying add a single hour to your life?
- 28 "And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin.
- 29 Yet I tell you that not even Solomon in all his splendor was dressed like one of these.
- 30 If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith?
- 31 So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'

- 32 For the pagans run after all these things, and your heavenly Father knows that you need them.
- 33 But seek first his kingdom and his righteousness, and all these things will be given to you as well.
- 34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.
- 44 "The kingdom of heaven is like treasure hidden in a field. When a man found it, he hid it again, and then in his joy went and sold all he had and bought that field.
- 45 "Again, the kingdom of heaven is like a merchant looking for fine pearls.
- 46 When he found one of great value, he went away and sold everything he had and bought it.

Write out Matthew 6:19-34 and 13:44-46



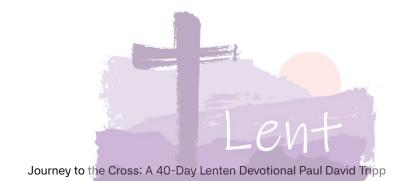
# **Day 18 (3/22 Saturday)**

Read **Isaiah 46:5-13**, and take courage and comfort in the (sometimes surprising) sovereignty of God.

- 5 "With whom will you compare me or count me equal? To whom will you liken me that we may be compared?
- 6 Some pour out gold from their bags and weigh out silver on the scales; they hire a goldsmith to make it into a god, and they bow down and worship it.
- 7 They lift it to their shoulders and carry it; they set it up in its place, and there it stands. From that spot it cannot move. Even though someone cries out to it, it cannot answer; it cannot save them from their troubles. 8 "Remember this, keep it in mind, take it to heart, you rebels.
- 9 Remember the former things, those of long ago; I am God, and there is no other; I am God, and there is none like me.
- 10 I make known the end from the beginning, from ancient times, what is still to come. I say, 'My purpose will stand, and I will do all that I please.'
- 11 From the east I summon a bird of prey; from a far-off land, a man to fulfill my purpose. What I have said, that I will bring about; what I have planned, that I will do.
- 12 Listen to me, you stubborn-hearted, you who are now far from my righteousness.
  13 I am bringing my righteousness near, it is not far away and my salvation will not be delayed. I will grant salvation to Zion, my splendor to Israel.

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Write out Isaiah 46:5-13



# Day 19 (3/23 Sunday)

Read **Psalm 51**, and use it again as a template for prayer, allowing the definitions of transgression, iniquity, and sin to deepen your time of confession

1 Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions.
2 Wash away all my iniquity and cleanse me from my sin.

3 For I know my transgressions, and my sin is always before me.

4 Against you, you only, have I sinned and done what is evil in your sight; so you are right in your verdict and justified when you judge. 5 Surely I was sinful at birth, sinful from the time my mother conceived me.

6 Yet you desired faithfulness even in the womb; you taught me wisdom in that secret place.

7 Cleanse me with hyssop, and I will be clean; wash me, and I will be whiter than snow.

8 Let me hear joy and gladness; let the bones you have crushed rejoice.

9 Hide your face from my sins and blot out all my iniquity.

10 Create in me a pure heart, O God, and renew a steadfast spirit within me.

11 Do not cast me from your presence or take your Holy Spirit from me.

12 Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.

13 Then I will teach transgressors your ways, so that sinners will turn back to you.

14 Deliver me from the guilt of bloodshed, O God, you who are God my Savior, and my tongue will sing of your righteousness.

15 Open my lips, Lord, and my mouth will declare your praise.

16 You do not delight in sacrifice, or I would bring it; you do not take pleasure in burnt offerings.

17 My sacrifice, O God, is[b] a broken spirit; a broken and contrite heart you, God, will not despise.

18 May it please you to prosper Zion, to build up the walls of Jerusalem.

19 Then you will delight in the sacrifices of the righteous, in burnt offerings offered whole; then bulls will be offered on your altar.

\*\*Join us for Sunday Worship

In person: 11am and 2pm @ Ground floor

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Vision Hall

Online live streaming: 2pm @ Youtube

Write out Psalm 51

